

# 42 Obligations

In English, you can use “have to” or “must” when talking about obligations or things that are necessary. You may hear it in important instructions such as medical advice.

⚙️ **New language** “Must” and “have to”

Aa **Vocabulary** Health and sickness

🧩 **New skill** Expressing obligation

## 42.1 KEY LANGUAGE OBLIGATIONS

“Must” and “have to” both express a strong need or obligation to do something.



You **must** / **have to** rest, or your leg won't heal.

“Must not” is a strong negative obligation. It means something is not allowed.



You **must not** get your bandage wet, or your leg might not heal properly.

“Don't have to” means something is not necessary, or there is no obligation.



You **don't have to** come again. Your leg is better.



## 42.2 FURTHER EXAMPLES OBLIGATIONS

He **must** take two pills each morning and evening for the next two weeks.



She **mustn't** go back to work until her back is better.



**Do I have to** go back to the doctor again? I'm feeling so much better now.



## 42.3 HOW TO FORM OBLIGATIONS

“Must” does not change with the subject, but “have to” becomes “has to” in the third person singular. Both forms are followed by the base form of the main verb.

SUBJECT	“MUST / HAVE TO”	MAIN VERB	OBJECT
She	<b>must</b> <b>has to</b> <b>must not</b> <b>doesn't have to</b>	take	this medicine.



## 42.4 MATCH THE PHRASES THAT MEAN THE SAME THING

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| <p>① Eating too much sugar isn't allowed.</p> <p>② Wearing a helmet is essential.</p> <p>③ Running isn't allowed until your leg is better.</p> <p>④ Taking vitamins isn't essential.</p> <p>⑤ It's essential that he loses weight.</p> | <p>Everyone must wear a helmet.</p> <p>She has to exercise every day.</p> <p>You mustn't eat too much sugar.</p> <p>I don't have to take vitamins.</p> <p>He has to lose weight.</p> <p>You must not run while your leg is healing.</p> |
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## 42.5 READ NADIA'S NOTE AND WRITE ANSWERS TO THE QUESTIONS AS FULL SENTENCES

Instructions from my doctor:

- I have to rest after my operation.
- I don't have to see the surgeon again.  
Instead, I can see Dr. Turner.
- I have to take my medication twice a day.
- I must eat before taking the pills.
- I mustn't go back to work for 14 days.
- I don't have to do any special exercises.  
A gentle daily walk is fine.
- I have to call Dr. Turner immediately if I feel sick again.
- Question for Dr. Turner: Do I have to go to the hospital to get my stitches out?

What does Nadia have to do after her operation?

She must rest after the operation.

- ① Does she have to see the surgeon again?  
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- ② What must she do before taking her medication?  
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- ③ Can she go back to work immediately?  
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- ④ Does she have to do any special exercises?  
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- ⑤ What does she have to do if she feels sick again?  
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## 42 ✓ CHECKLIST



"Must" and "have to" ☐

Aa Health and sickness ☐



Expressing obligation ☐